

Hallenbelegungsplan TGN Stand 14.12.2022

| Uhrzeit | Montag | | Dienstag | | Mittwoch | | Donnerstag | | Freitag | | Sonntag | Uhrzeit | | | | | | | |
|-------------|--------------|-----------------------------|---------------------|--------------------|----------------|--------------------|------------|-----------------------------|---------------------|--------------------|-------------------|-------------|-------------|--|--|--|--|--|-------------|
| | Schulhalle | TGN Halle | Schulhalle | TGN Halle | Schulhalle | TGN Halle | Schulhalle | TGN Halle | Schulhalle | TGN Halle | | | | | | | | | |
| 9:00-10:00 | | | | Beweglich und fit | | | | | | | | 9:00-10:00 | | | | | | | |
| 10:00-10:30 | | | | | | | | | | | | 10:00-10:30 | | | | | | | |
| 10:30-11:30 | | | | | | | | | | | Fitness Dance | 10:30-11:30 | | | | | | | |
| 11:30-12:00 | | | | | | | | | | | | 11:30-12:00 | | | | | | | |
| 12:00-12:30 | | | | | | | | | | | | 12:00-12:30 | | | | | | | |
| 12:30-13:00 | | | | | | | | | | | | 12:30-13:00 | | | | | | | |
| 13:00-13:30 | | | | | | | | | | | | 13:00-13:30 | | | | | | | |
| 13:30-14:00 | | | | | | | | | | | | 13:30-14:00 | | | | | | | |
| 14:00-14:30 | | | | | | | | | | | | 14:00-14:30 | | | | | | | |
| 14:30-15:00 | | | | | | | | | | | | 14:30-15:00 | | | | | | | |
| 15:00-15:30 | | | | | | | | | | | | 15:00-15:30 | | | | | | | |
| 15:30-16:00 | | | | | | | | | | | | 15:30-16:00 | | | | | | | |
| 16:00-16:30 | Purzelturnen | | | Frauen-Fitness | | | | | | | Volley Stars 2030 | 16:00-16:30 | | | | | | | |
| 16:30-17:00 | | | | | | | | | | | | 16:30-17:00 | | | | | | | |
| 17:00-17:30 | Turnzwerge | Selbstbehauptung Kinder | Kinderturnen | Fit4Kids | Springmäuse | Qi Gong | FuBa-Block | Rope-skiing | Volley Teens 2 | Volley Teens 1 | | 17:00-17:30 | | | | | | | |
| 17:30-18:00 | | Selbstbehauptung Erwachsene | | | | | | | | | | | | | | | | | 17:30-18:00 |
| 18:00-18:30 | | | | | | | | | | | | 18:00-18:30 | | | | | | | |
| 18:30-19:00 | | Fit fürs Alter | Volley Teens 1 | Volleyball Damen 2 | Volley Teens 2 | Fit für den Rücken | FuBa-Block | Selbstbehauptung Erwachsene | Volleyball Damen 2 | Volleyball Damen 1 | | 18:30-19:00 | | | | | | | |
| 19:00-19:30 | Männersport | FitSki | | | | | | | | | | | | | | | | | 19:00-19:30 |
| 19:30-20:00 | | | | | | | | | | | | | 19:30-20:00 | | | | | | |
| 20:00-20:30 | | | | | | | | | | | | 20:00-20:30 | | | | | | | |
| 20:30-21:00 | Badminton | | Volleyball Herren 1 | Shuffle Board | FuBa-Block | Volleyball Damen 1 | FuBa-Block | Volleyball Damen 1 | Volleyball Herren 1 | Volleyball Hobby | | 20:30-21:00 | | | | | | | |
| 21:00-21:30 | | | | | | | | | | | | | | | | | | | 21:00-21:30 |
| 21:30-22:00 | | | | | | | | | | | | | | | | | | | |